

2006 Leadership and Learning Forum
Emergency Medical Services (EMS) of Canada
Connecting Canada's EMS Leaders
HALIFAX/NOVA SCOTIA, JUNE 8-9 2006

Session: The Future of EMS in Canada – Defining the New Road Ahead

Ambulance Safety – Where is the State of the Art?



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New York, Downtown Hospital
Cornell University, New York, USA

This morning's Scope

- ▶ **Key Issues**
 - Crash and Safety Data Oversight
- ▶ **Guidelines – standards**
 - EMS, International and fleet
- ▶ **Transport safety management**
 - Protective devices/programs
 - To prevent a crash
 - In the event of a crash
 - Safety Culture
- ▶ **Future**
 - Goals
 - Data
 - New Safety Seminars
 - New vehicles
 - New technologies
 - Futuristic vehicles
 - New policies
 - New practices
 - New Standards

EMS Casualties

- ▶ The number of casualties is more than we can bear, even one is too many
- ▶ I believe we can become safer
- ▶ Safer for patients, the public and our providers

Safety Leading Edge




- ▶ Globally leading operational safety program
- ▶ 85% reduction in transport risk and hazard over 5 years

First in the Galaxy!!!

Edmonton
Emergency Medical Services
1st Annual
Safety Symposium
May 24th 2006
NAIT, Sheraton



Dan Berry (1948-1998)



Dan E. Berry, P.ENG. (1948 - 1998)

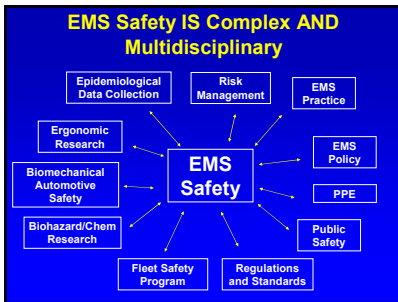
- ▶ Dan Berry graduated in mechanical engineering from Queen's University, Ontario in 1972, embarking on a career in mining, transportation and EMS
- ▶ In 1990, Dan joined the Emergency Health Services Branch of the Ontario Ministry of Health.
- ▶ In 1991 Dan initiated a series of projects to evaluate the handling, stability and crash worthiness characteristics of ambulances as they relate to the safety and comfort of patients and paramedic crews
 - Frontal and lateral crash testing of van and modular ambulances was complete at Transport Canada facilities in Blainville, Quebec.
 - Further safety improvements as the result of analysis of the extensive information base of Ministry ambulance accident statistics, a program of user survey feedback and research of industry initiatives.
- ▶ The ambulances now in operation in Ontario are a confirmation of the professionalism and innovative skills of Dan Berry.

Key Issues

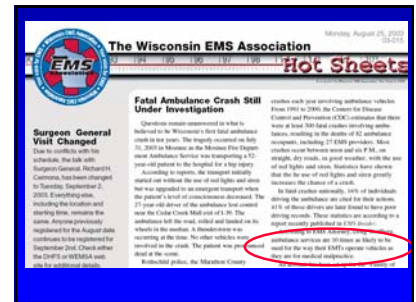
- ▶ **Mythology**
 - That Emergency Medical Service personnel are safe
- ▶ **Injury Hazards**
 - Biohazard
 - Chemical/Radiation
 - Physical/Mechanical trauma – THE BIG PROBLEM
- ▶ **Motor Vehicle Crashes are the highest cause of death at work – EMS has > 2X the mean national rate**
- ▶ **An R & D and Regulatory Gap**
 - Occupational Health and Safety
 - the workplace is in a vehicle – exposure data are scant
 - Automotive Safety
 - a vehicle is the work place – 'exempt' from automotive research and regulation

In a nutshell

- ▶ **No accepted national safety standards for -**
 - EMS fleet management or safety practice
 - Ambulance vehicle rear compartment design and performance
 - provider occupational injury protective equipment
- ▶ Yet convincing data for injury risk and hazard
- ▶ Need for patient, provider and public safety focus



- ### Safety oversight of what and by whom
- ▶ Vehicle Safety
 - ▶ Vehicle Design
 - ▶ Safety Equipment Design
 - ▶ Vehicle and Safety Equipment Testing and Standard development
 - ▶ Safety policies



- ### the EMS process
- ▶ communications/dispatch
 - ▶ the patient
 - ▶ restraining device/seat
 - ▶ transporting device/gurney
 - ▶ paramedics/transport nurses, doctors & family
 - ▶ patient monitoring equipment
 - ▶ clinical care & interventions
 - ▶ protective equipment
 - ▶ the vehicle
 - ▶ the driver/driving skill
 - ▶ other road users
 - ▶ the road
- TIME
↓
&
PLACE



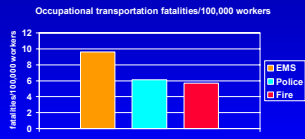
- ### This is not acceptable
- ▶ ~ 5,000 crashes a year
 - ▶ ~ One fatality each week
 - + ~ 2/3 pedestrians or occupants of other car
 - + Approximately 4 child fatalities per year
 - ▶ ~10 serious injuries each day
 - ▶ Cost estimates > \$500 million annually
 - ▶ USA Crash fatality rate/capita 35x higher than in Australia

- ### Predictable risks
- ▶ More often at intersections, & with another vehicle ($p < 0.001$)*
 - ▶ Most serious & fatal injuries occurred in rear (OR 2.7 vs front) & to improperly restrained occupants (OR 2.5 vs restrained)**
 - ▶ 82% of fatally injured EMS rear occupants unrestrained**
 - ▶ > 74% of EMT occupational fatalities are MVC related***
 - ▶ Serious head injury in >65% of fatal occupant injuries#
 - ▶ 70% of fatal crashes EMS crashes during Emergency Use#
 - ▶ More likely to crash at an intersection with traffic lights (37% vs 18% $p=0.001$) & more people & injuries/crash than similar sized vehicles##
- *Kohn CA, Pirralo RG, Kuhn EM. *Prehospital Emergency Care* 2001 Jul-Sep;5(3):261-9
**Linder, Zaslavsky, Levick, Li, Mitty, *Acc Anal Prev* 2002
***Maguire, Hunting, Smith, Levick, *Occupational Fatalities in Emergency Medical Services: A Hidden Crisis*, *Annals of Emergency Medicine* Dec 2002
##Wojcik 2003
###Wojcik AM, Gabb DP. *Prehospital Emergency Care* 2005 Dec; 8:412-418
####WHTSA. 49 CFR Parts 871, 872 & 889. DocId:31902028, r02-28, r03e 7

- ### EMS Provider Fatalities
- ▶ 12.7 fatalities/100,000 EMS workers
 - ▶ Greater than 2 X the national average (5.0 fatalities/100,000)
 - ▶ Similar to Police (14.2/100,000) and Fire Fighters (16.5/100,000)
- * Maguire, Hunting, Smith & Levick, *Occupational Fatalities in Emergency Medical Services: A Hidden Crisis, Annals of Emergency Medicine*, Dec 2002

- ### and what is killing EMS ?
- #### EMS personnel fatalities*
- ▶ 74% transportation related
 - + 1/5 of ground transport fatalities were struck by moving vehicles
 - ▶ 11% were cardiovascular
 - ▶ 9% were homicide
 - ▶ 4% needle sticks, electrocution, drowning and other
- * Maguire, Hunting, Smith & Levick, *Occupational Fatalities in Emergency Medical Services: A Hidden Crisis, Annals of Emergency Medicine*, Dec 2002

A word about occupational transportation fatalities..



▶ **WE HAVE A BIG PROBLEM HERE**

** Maguire, Hunting, Smith & Levick, Occupational Fatalities in Emergency Medical Services: A Hidden Crisis, Annals of Emergency Medicine, Dec 2002*

EMS Injuries*

- ▶ Higher than the injury rate for any private industry published by DOL
- ▶ 34.6 injuries/100 fulltime workers per year
- ▶ 1.5 x that of fire fighters
- ▶ 5.8 x that of health services personnel
- ▶ 7 x the national average

** Maguire, Hunting, Guidotti & Smith, Occupational Injuries among Emergency Medical Services Personnel, Prehospital and Emergency Care Oct/Dec 2005*

Concerns

- ▶ Consequences can be predictable & likely preventable
- ▶ Costs of these adverse events are high in loss of life, financial burden and negative impact on delivery of EMS care
- ▶ Other high speed vehicles (eg. racing cars) have a different safety paradigm
- ▶ Design of interventions to mitigate injury is predicated on a valid testing model
- ▶ Complex both engineering and public health issues

Background: Problems

- ▶ No reporting system or database specifically for identifying ambulance crash related injury
- ▶ Rear passenger compartment, > 60cm behind driver - exempt from Federal Motor Vehicle Safety Standards (FMVSS)

USA Ambulances: FMVSS Exempt

DEPARTMENT OF TRANSPORTATION
National Highway Traffic Safety Administration

49 CFR Parts 571, 572, and 589
(Docket No. 92-28; Notice 7)
(RIN No. 2127-AB66)

Federal Motor Vehicle Safety Standards:
Rear Impact Protection

On 10/21/92, the Department of Transportation (DOT) issued the following notice regarding the exemption of ambulances from Federal Motor Vehicle Safety Standards (FMVSS) 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000.



DENVERPOST.com Wednesday, June 23, 2010
2 women die as ambulance hits semi on I-76
Two people, including a pregnant woman, died after an ambulance carrying five people crashed into a tractor-trailer truck Tuesday. 23 miles west of Denver, falling two women on board and injuri...

The tragic toll?

- ▶ 2 Fatalities – Medic and the patient’s mother
 - ▶ 3 injuries – 1 critical requiring an airlift
- But what is the hidden and real toll?**

Predictable

DENVERPOST.com Wednesday, June 23, 2010
Ambulance driver had citations
The driver of the ambulance that crashed near Sterling on Tuesday, killing two people and seriously injuring a pregnant woman on board, has a history of driving violations, records show.

What do ambulance crashes really cost ?

- ▶ Loss of life and injury
- ▶ Negative impact on EMS system
- ▶ Collisions are the largest liability cost and exceeds malpractice or negligence
- ▶ Besides the direct financial costs of replacing a damaged ambulance and equipment, there are additional hidden costs incurred:
 - investigating the ambulance collision
 - litigation /settlement/lawsuit
 - medical/disability costs of injured EMTs
 - hiring of new employees to replace injured personnel
 - retaining and psychological counseling of personnel involved and others
 - increased insurance rates

Pennsylvania Code

Commonwealth of Pennsylvania
Pennsylvania Code
 Title 36. Health and Safety
 Chapter 1001 - 1003

PART VII. EMERGENCY MEDICAL SERVICES

§ 1001.1. **EMERGENCY MEDICAL SERVICES (EMS) AND ALL-EMERGENCY AMBULANCE SERVICES.**

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Firstly!

▶ **An accident ?**

▶ or a predictable and preventable event

We should use the best safety practices demonstrated

Development of an Effective Ambulance Patient Restraint

Development and Application of a Dynamic Testing Procedure for Ambulance Pseudo-tatic Patient Restraint Systems

2001-01-1173

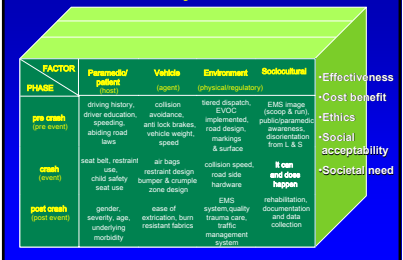
Biomechanics of the patient compartment of ambulance vehicles under crash conditions: testing countermeasures to mitigate injury

Renewing ambulance design for clinical efficiency and paramedic safety

Anna Ferrero, See Hagan?

Research Report for the Transport Canada Research Program

Haddon/Baker/Runyan Phase-Factor Matrix



EMS Research /Data Vacuum

- ▶ ? total no. of ambulances
- ▶ ? total no. of medics
- ▶ ? total no. of runs (per age & severity)
- ▶ ? total pt. miles (per age & severity)
- ▶ ? true crash fatality rate per mile
- ▶ ? crash injury rate
- ▶ ? adverse events

Canadian Challenges

- ▶ Increasing call volume
- ▶ Safety Policies/Controls
 - Engineering controls
 - Administrative controls
 - PPE
- ▶ Legal responsibilities
 - C45
- ▶ Data collection

C45 - A criminal offence to not act in a way that protects the worker

Department of Justice - Ministère de la Justice

Canada

Section 45 of the Criminal Code

THE OFFENCE

How does an organization become a party to a crime of negligence?

In offences based on negligence, the court must determine whether an individual acted as a party to a crime by failing to exercise the duty of care owed to others or to exercise criminal punishment.

The Crown has the burden of proof.

In general, for an organization to be found guilty of committing a crime of negligence, the Crown will have to show the employees of the organization committed the act and that a senior officer should have taken reasonable steps to prevent them from doing so. However, the common and exclusive of organizations requires that this liability straightforward also be expressed in legal language that covers the very different ways that an organization acts.

Research Canada's consultation efforts and inquiries

With respect to the physical element of the crime, SIF C-45 proposed s. 221 of the Criminal Code provides that an organization is responsible for the negligent acts or omissions of its representative. The Bill provides that the conduct of one or more representatives can be combined to constitute the offence. It is not therefore necessary that a single representative commit the offence.

<http://canada.justice.gc.ca/en/dept/pub/c45/section03.html>

Surveillance – not a new concept

Public Health Agency of Canada

Health Surveillance and Epidemiology Division, Centre for Health Protection

Injury Surveillance On-Line

HOME MAPS CHARTS GLOSSARY HELP

The following pages of this website will provide you with the most current injury statistics in Canada. You will be able to look at injury statistics and accident data by province and territory, by age group, and over time. You will also be able to view the number and the compensation of injured workers in the workers' compensation of the Canadian Workforce Injury Reporting and Prevention Program (CWIRPP). Both graphs and tables will be displayed and

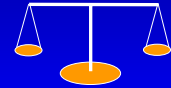
Concepts to consider "Cycle of Surveillance"

- ▶ Data collection
 - locally, nationally
- ▶ Integration
 - sourced from police, EMS, Fleet services
- ▶ Analysis and interpretation
 - in a standardized manner, easily understood by all
- ▶ Surveillance product
 - Alerts, advisories, annual reports
- ▶ Dissemination
 - sending the results to need to know agencies employers, manufactures, policy makers.

No need to reinvent the wheel...



Balance of concerns and risk during transport



- ▶ Response and transport time
- ▶ Clinical care provision
- ▶ Occupant safety/protection
- ▶ Public Safety

"Are our policies killing people?"

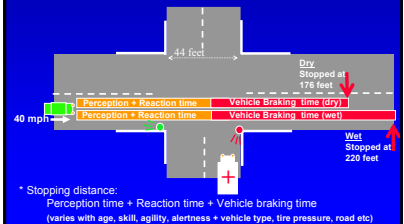
- ▶ 1991-2000, 302,969 Emergency vehicles were involved in MVCs - 1,565 involving fatalities*
- ▶ In PA 1997-2001, ambulances were more likely than similar sized vehicles to be involved in*:
 - 4 way intersection crashes (43% vs 23%, p=0.001)
 - Collisions at traffic signals (37% vs 18%, p=0.001)
 - MVCs with more people injured (76% vs 61%, p=0.001)

*Comparison of Crashes Involving Ambulances with those of similar sized vehicles - Adam Ray, Douglas Kupas, PEC Dec 2005;9:412-415

So.. The real world for an EMS vehicle approaching a red light

- ▶ You think they heard you...
- ▶ You know they must have seen you..
- ▶ And maybe they did
- ▶ But..
- ▶ There is NO way humanly possible that they could stop.....

The real world Intersection passenger car stopping distance* at 40 mph dry and wet



What do we know now??

- ▶ Intersection crashes are the most lethal
- ▶ There are documented hazards, some which can be avoided
- ▶ Occupant and equipment restraint with standard belts is effective. (Over the shoulder harnesses for patients should be used, with the gurney in the upright position where medically feasible)
- ▶ Some vehicle design features are beneficial - automotive grade padding in head strike areas, seats that can slide toward the patient
- ▶ Electronic Driver monitoring/feedback systems appear to be highly effective
- ▶ Head protection??

What a novel idea...

Just Launched ...

Anecdotal crash log

www.emsnetwork.org

Automotive Safety World

SAE100 Future book

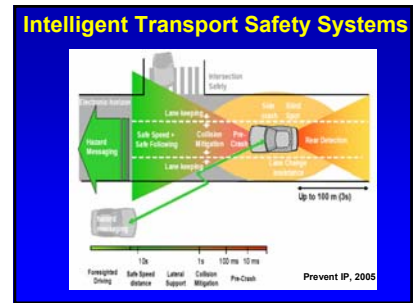
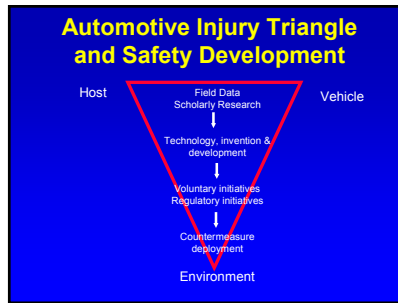
Protective devices/concepts

In the event of a crash

- ▶ Vehicle crashworthiness
- ▶ Seat/seat belt systems
- ▶ Equipment lock downs
- ▶ Padding
- ▶ Head protection

To prevent a crash

- ▶ Driver feedback
- ▶ Driver monitoring
- ▶ Driver training
- ▶ Vehicle technologies
- ▶ Tiered dispatch
- ▶ Appropriate policies



Guidelines – standards

- ▶ Transport safety
- ▶ Practice protocols
- ▶ Occupational Health and Safety

The 'workplace' IS a vehicle

- ▶ Providers often in vulnerable positions during transport.
 - Bench seat
 - Captains chair
 - Standing or kneeling

View of Ambulance interior from Rear



It does happen....

But what about head protection?



Role of a head protective device

- ▶ A simple, immediate and inexpensive adjunct – a protective device -
- To protect occupants from hazardous interiors
- As vehicle crashworthiness design advances
- As driver training advances
- For when equipment becomes unsecured
- As EMS Safety Standards are developed, for both EMS vehicles and EMS occupational safety

Preliminary Study: Attitudes to Head Protection in EMS

Would You Consider Wearing a
Helmet PRESENTATION



Would you consider wearing a helmet POST



All Hazards approach to key Helmet Features



Real world

- ▶ We do know from large samples that the most common reason for medics to get up is to get to the radio
- ▶ We do know that CPR enroute to the hospital is a very rare event – too small in frequency to even evaluate using national data bases, and often with non survival out come when it does occur

New EMS Helmets for 2006



Hmm...





Benefit of Safety

- ▶ Any cost of addressing these issues is dwarfed in contrast to the huge burden of not doing so - in financial costs let alone the personal, societal, ethical and litigation costs

Crash Prevention

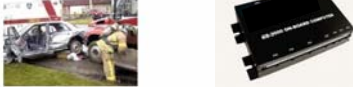
- ▶ EVOC
- ▶ Tiered Dispatch
- ▶ The "Black Box"
- ▶ Intelligent vehicle design
- ▶ Appropriate policy

The "Black Box"

Driver behavior monitoring and feedback device

EMT Education - Articles

How to modify the risk-taking behavior of emergency medical service drivers?



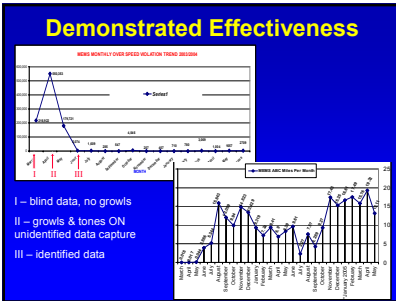
How to modify the risk-taking behavior of emergency medical service drivers?

Dr. Steven H. Davis MD, CMAA, FAHA, FAHA, FAHA, FAHA, FAHA, FAHA

The purpose of this article is to discuss the use of a "black box" device to monitor and provide feedback to emergency medical service drivers. The device is designed to record driving behavior and provide feedback to the driver. The device is designed to record driving behavior and provide feedback to the driver. The device is designed to record driving behavior and provide feedback to the driver.

Purpose of 'Black box' Program

- ▶ Enhance Safety
- ▶ Improve Driver Performance
- ▶ Save Maintenance Dollars
- ▶ Aid Accident / Incident Investigation



Other monitoring devices

- ▶ Primarily to record events during and immediately preceding a crash
- ▶ Give no driver crash prevention feedback
- ▶ Administratively burdensome
- ▶ Intrusive
- ▶ Not demonstrated to be as effective in improving vehicle maintenance costs or as effective in modifying driver behavior long term

Technical Research

- ▶ Based on reliable and real world field data
- ▶ Cost effective and practical
- ▶ Involve low cost development – University engineering and transportation research centers

Active Projects

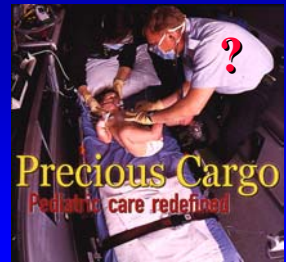
(all due late 2006)

- ▶ Commercial Motor Vehicle Driver Training Curricula and Delivery Methods and Their Effectiveness
- ▶ Commercial Motor Vehicle Carrier Safety Management Certification
- ▶ The Role of Safety Culture in Preventing Commercial Vehicle Crashes
- ▶ The Impact of Behavior-Based Safety Techniques on Commercial Motor Vehicle Drivers
- ▶ Health and Wellness Programs for Commercial Motor Vehicle Drivers

What needs to happen NOW

- ▶ Data
 - Epidemiology
 - Ergonomic
- ▶ Safety oversight

Air EMS is a role model for safety initiatives and focus



Kids are not little adults



- ▶ Behavior
- ▶ Communication skills
- ▶ Fear
- ▶ Development
- ▶ **Size and shape**
- ▶ **Biomechanics**

in a collision at 35 mph (60 km/hr), an unrestrained 15 kg child is exposed to the same forces* as in falling from a 4th story window

*550 kg/force in 0.03 sec

Crash Occupant Protection

- ▶ collision speed
- ▶ direction of impact
- ▶ vehicle stiffness and mass
- ▶ compartment size & projectiles
- ▶ passive protection
- ▶ head protection
- ▶ **occupant restraint/belts**

USA EMS Risk/Hazards

- ▶ Predictable risks
- ▶ Serious occupational hazard
- ▶ Predictable fatal injuries

Challenges to Optimizing EMS Transport Safety

- ▶ Disparate and fragmented safety infrastructure
- ▶ Lack of a centralized EMS Safety oversight or data
- ▶ A large number of small groups of end users, with a mix of volunteers and professionals
- ▶ Ambulances are hybrid non-standard vehicles, a truck chassis and an after market box or a modified van
- ▶ EMS vehicle safety is not integrated as a part of the automotive safety industry

Challenges to Optimizing EMS Transport Safety

- ▶ Rear compartment exempt from FMVSS
- ▶ Complex automotive safety area bridging acute clinical care, public health, public safety and automotive safety
- ▶ Very recent history as a research issue
- ▶ Limited fiscal support for cross disciplinary EMS transport safety research

Future

- ▶ Meaningful Goals
- ▶ New policies
- ▶ New practices
- ▶ New standards
- ▶ New vehicles
- ▶ New technologies

What to do about navy blue?



Australia & New Zealand Ambulance restraint standard AS/NZS 4535:1999

- ▶ “Restraint systems shall apply to all equipment and people carried in an ambulance...”
- ▶ Dynamic Testing - 50th & 95th percentile manikins
- ▶ 24G in Forward and Rearward
- ▶ 10G in Transverse



Common European Community (CEN) EN 1789:1999/A1:2003,

European Committee for Standardization
Medical vehicles and their equipment - Road Ambulances

- ▶ “Without exception, all persons, medical devices, equipment, and objects normally carried on the road ambulance shall be maintained to prevent them from becoming a projectile when subject to a force...”



- ▶ 50th percentile manikins - 10 G in Forward, Rearward, Transverse, & Vertical directions
- ▶ Certified by Notified Body and Ambulance Mfg.

Commission on Accreditation of Medical Transport Systems - CAMTS Accreditation Standards

2006 revision underway



Commission on Accreditation of Ambulance Services - CAAS

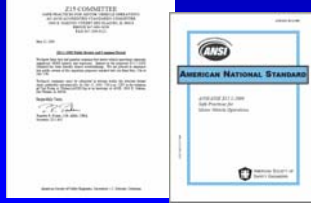


USA ambulance purchase specifications GSA:KKK-A-1822E, 2002

- ▶ Static Pull test
- ▶ 2200 Lbs. (8G's) in Longitudinal and Lateral
- ▶ No dynamic test
- ▶ No definition to manikin mass
- ▶ No restraint for equipment
- ▶ Voluntary



American National Standard ANSI/ASSE Z15.1-2006 Safe Practices for Fleet Motor Vehicle Operations



What Z15 encompasses

- ▶ Safety Program
- ▶ Safety Policy
- ▶ Responsibilities and Accountabilities
- ▶ Driver Recruitment, Selection and Assessment
- ▶ Organizational Safety Rules
- ▶ Orientation and Training
- ▶ Reporting Rates and Major Incidents to Executives
- ▶ Oversight

Z15 Incident Rates

- ▶ Incident rate based on number of vehicles operated:
Incident rate = $\frac{\text{Number of incidents} \times 100}{\text{Number of vehicles}}$
- ▶ Incident rate based on vehicle mileage:
Incident rate = $\frac{\text{Number of incidents} \times 1,000,000}{\text{Vehicle mileage}}$
- ▶ Injury incident rate based on vehicle mileage:
 - Injury incident rates, the most frequently used indicator of incident severity, are useful for tracking events that have the potential to affect financial or operational performance of the operating unit.
 - Injury incident rate = $\frac{\text{Number of incidents with injury} \times 1,000,000}{\text{Vehicle mileage}}$
- ▶ Incident rates based on service activity:
 - Motor vehicle operations that pose injury risks other than those associated with driving should also use the service activity as the basis of a safety performance rate. The number of deliveries, stops, or loads should be considered as appropriate indicators of performance.
 - Incidents per 10,000 transports = $\frac{\text{Number of incidents} \times 10,000}{\text{Number of transports}}$
- ▶ Vehicle injury rates based on work hours:
Vehicle incidents per 200,000 hours = $\frac{\text{Number of incidents} \times 200,000}{\text{Number of hours worked}}$

Safety Management

- ▶ A Safety Culture
- ▶ Protective Policies
- ▶ Protective Devices
 - In the event of a crash
 - To prevent a crash
- ▶ Continuous Education and Evaluation

Creating a Safety Culture

within a company must start with upper management's commitment to safety

- ▶ Awareness
- ▶ Training
- ▶ Incentive

Multidisciplinary collaboration and the way forward

- ▶ Development of interdisciplinary teams
 - healthcare professionals
 - safety engineering expertise
 - regulatory bodies
 - manufacturers
- ▶ Safer practices save lives, time and money

The Crash Event - Crash Testing

- ▶ An introduction
- ▶ What one needs to know
- ▶ What do the tests really mean
- ▶ And, what tests are meaningful

The right test for the desired outcome

- ▶ Protecting the vehicle alone may not protect the occupants
- ▶ Crash tests using crash test pulses not specific to ambulance vehicles may give misleading results
- ▶ Crash tests of restraint or other equipment using crash dummies not designed for that purpose, may give misleading results, or worse - may suggest that a dangerous or unsafe device may be safe

Dynamic Safety Testing

- ▶ requires sophisticated, expensive equipment
- ▶ measurably demonstrates forces generated during collision
- ▶ accepted international standard for vehicle restraint systems

If we know this – and its published....



Why do we do this?



Full Vehicle Crash Tests - 2000

Test 1 – Right side impact



- 1 – Target vehicle, Type I ambulance
- 2 – Bule vehicle, Type II ambulance

Closing speed 44 mph

Test 2- Frontal



- 1 – Bule vehicle, Type II ambulance
- 2 – Target vehicle, Type I ambulance

Closing speed 34 mph



USA design initiatives



New Australian vehicles



High speed crash, rolled and the occupants (patient and medics) had only minor scratches



Other successful models



So....

- ▶ Which vehicle do you want to be in ?
- ▶ Which vehicle is the best for efficient, and effective patient care?
- ▶ Which vehicle provides optimal risk management ?
- ▶ What is the optimal fleet mix?

Safety Enhancements Being Implemented

- ▶ EVOC
- ▶ Tiered dispatch
- ▶ Monitoring & Feedback devices
- ▶ Helmets
- ▶ Optimized ambulance vehicle design
- ▶ New Standards

Some simple and available solutions out there now

- ▶ Intersection Policy
- ▶ PPE design and policy
(personal protective equipment – from an 'All Hazards' approach - not just chem/biohazards)
- ▶ Black boxes

Current fleet

- ▶ Secure all equipment
- ▶ Secure occupants
- ▶ Don't drive through red lights
- ▶ Use properly implemented "Black Boxes"
- ▶ Monitor crash events with common denominators (ie. per 100,000 miles and per trip)
- ▶ Have a written and implemented 'safety program'

Current and Future Research

- ▶ Epidemiology
- ▶ Ergonomic hazards
- ▶ Bio/Chem/Radiation hazard
- ▶ PPE & Head protection
- ▶ Transport
 - Vehicle/occupant automotive testing
 - Vehicle design innovation
 - Driver behavior (Real time and Simulated)
 - Intelligent Transportation Systems
- ▶ Operations tracking
- ▶ Data systems/reporting systems
- ▶ Enhanced Practice policies

Very Important Principles !

1. A culture of safety
 2. Drive cautiously
 3. Wear your belts & restrain all occupants
 4. Secure all equipment
 5. Integrate scientific data into your policies and procedures
- Unrestrained occupants and equipment are a potential injury risk to all occupants

small changes can make a BIG DIFFERENCE

- ▶ **PREPARE – TEACH – REACH – RESPOND**
- **Look** at your own safety record
- **Teach** safety and hazard awareness
- **Reach** out with safety information to all your EMS providers
- **Respond** with the best safety practices

Very Important Principle

Ambulance transport safety is part of a **SYSTEM**, the overall balance of risk involves the safety of all occupants and the public

**PREDICTABLE
PREVENTABLE
and
NO ACCIDENT**

Conclusion

- ▶ Major advances in EMS safety research, infrastructure and practice over the past 5 years
- ▶ New technologies for vehicle design, occupant PPE and equipment restraint and driver performance are now available
- ▶ Development of substantive EMS safety standards is a necessity and a reality
- ▶ Enhanced cross disciplinary collaboration in development of safety initiatives now exist
- ▶ EMS is still way behind the state of the art in vehicle safety and occupant protection

And....

- ▶ It is no longer acceptable for EMS to be functioning outside of automotive safety and PPE safety standards for prevention of and protection of EMS providers and the public from injury and death

Thank you! Any Questions??

<http://www.objectivesafety.net>

