



EMS Casualties

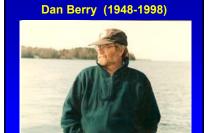
- ► The number of casualties is more than we can bear, even one is too many
- ►I believe we can become safer
- ▶ Safer for patients, the public and our providers

Safety Leading Edge



85% reduction in transport risk and hazard over 5 years





Dan E. Berry, P.ENG. (1948 - 1998)

- Dan Berry graduated in mechanical engineering from Queen's University, Ontario in 1972, embarking on a career in mining, transportation and EMS
- In 1990, Dan joined the Emergency Health Services Branch of the Ontario Ministry of Health.
- The ambulances now in operation in Ontario are a confirmation of the professionalism and innovative skills of Dan Berry.

Key Issues

- Mythology
 That Emergency Medical Service personnel are safe
- Injury Hazards
- ury mazarus Biohazaru Chemical/Radiation Physical/Mechanical trauma THE BIG PROBLEM
- Motor Vehicle Crashes are the highest cause of death at work EMS has > 2X the mean national rate

- An R & D and Regulatory Gap

 Occupational Health and Safety

 the workplace is in a whicis exposure data are scant

 Automotive Safety

 a whicis is the work place 'exempt' from automotive research and regulation

In a nutshell

- No accepted national safety standards for -
 - EMS fleet management or safety practice
 - Ambulance vehicle rear compartment design and performance
 - provider occupational injury protective
- Yet convincing data for injury risk and hazard
- Need for patient, provider and public safety



Safety oversight of what and by whom

- ► Vehicle Safety
- Vehicle Design
- Safety Equipment Design
- **Vehicle and Safety Equipment Testing and Standard development**
- Safety policies



the EMS process communications/dispatch the patient restraining device/seat transporting device/gurney paramedics/transport nurses, doctors & family patient monitoring equipment clinical care & interventions protective equipment the vehicle the driver/driving skill CE other road users



This is not acceptable

- ▶ ~ 5,000 crashes a year
- ~ One fatality each week
- ~ 2/3 pedestrians or occupants of other car
 Approximately 4 child fatalities per year
- ~10 serious injuries each day
- Cost estimates > \$500 million annually
- USA Crash fatality rate/capita 35x higher than in Australia

Predictable risks

- More often at intersections, & with another vehicle (p < 0.001)*

 Most serious & fatal injuries occurred in rear (OR 2.7 vs front) & to improperly restrained occupants (OR 2.5 vs restrained)*
 82% of fatally injured EMS rear occupants unrestrained**
 > 74% of EMT occupational fatalities are MVC related***
 Serious head injury in >65% of fatal occupant injuries#
 70% of fatal crashes EMS crashes during Emergency Use#
 More likely to crash at an intersection with traffic lights (37% vs 18% p=0.001) & more people & injuries/crash than similar sized vehicles##

SH, 2003 v AM, Kupas DF, Prehosp Emerg Care 2005 Dec; 9:412-415 TSA, 49 CFR Parts 571, 572 & 589 Docket no. 92-28; notice

EMS Provider Fatalities

- ▶12.7 fatalities/100,000 EMS workers
- Greater than 2 X the national average (5.0 fatalities/100,000)
- Similar to Police (14.2/100,000) and Fire Fighters (16.5/100,000)

Maguire, Hunting, Smith & Levick, Occupational Fatalities in Emergency al Services: A Hidden Crisis, Annals of Emergency Medicine, Dec 2002

and what is killing EMS?

EMS personnel fatalities*

- 74% transportation related
- 1/5 of ground transport fatalities were struck by moving vehicles
- 11% were cardiovascular
- 9% were homicide
- 4% needle sticks, electrocution, drowning and other
- Maguire, Hunting, Smith & Levick, Occupational Fatalities in Emergency dedical Services: A Hidden Crisis, Annals of Emergency Medicine, Dec 206

EMS Injuries*

- Higher than the injury rate for any private industry published by DOL
- ▶ 34.6 injuries/100 fulltime workers per year
- ▶1.5 x that of fire fighters
- 5.8 x that of health services personnel
- 7 x the national average
- *Maguire, Hunting, Guidotti & Smith, Occupational Injuries among Emergency Medical Services Personnel. Prehospitial and Emergency Care Oct/Dec 2005

Concerns

- ► Consequences can be predictable & likely preventable
- ▶ Costs of these adverse events are high in loss of life, financial burden and negative impact on delivery of EMS care
- ▶ Other high speed vehicles (eg. racing cars) have a different safety paradigm
- ▶ Design of interventions to mitigate injury is predicated on a valid testing model
- Complex both engineering and public health issues

Background: Problems

- No reporting system or database specifically for identifying ambulance crash related injury
- Rear passenger compartment, > 60cm behind driver - exempt from Federal Motor Vehicle Safety Standards (FMVSS)





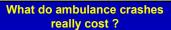


The tragic toll?

- ▶2 Fatalities Medic and the patient's
- ▶3 injuries 1 critical requiring an airlift

But what is the hidden and real toll?

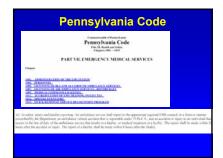




- Loss of life and injury Negative impact on EMS system
- Negative impact on EMS system
 Collisions are the largest liability cost and exceeds malpractice or negligence
 Besides the direct financial costs of replacing a damaged ambulance and equipment, there are additional hidden costs incurred:

 investigating the ambulance collision
 litigation /settlement/lawsuit
 medical/disability costs of injured EMTs
 hiring of new employees to replace injured personnel involved and others
 increased insurance rates

 - increased insurance rates









EMS Research /Data Vacuum

- ? total no. of ambulances
- ? total no. of medics
- ▶ ? total no. of runs (per age & severity)
- ? total pt. miles (per age & severity)
- ? true crash fatality rate per mile
- ? crash injury rate
- ? adverse events







Concepts to consider

'Cycle of Surveillance'

- ► Data collection
 - locally, nationally
- Integration
- ourced from police, EMS, Fleet services
- **Analysis and interpretation**
 - in a standardized manner, easily understood by all
- Surveillance product
- Alerts, advisories, annual reports
- Dissemination
 - sending the results to need to know agencies employers, manufactures, policy makers.

No need to reinvent the wheel...



Balance of concerns and risk during transport Response and transport time Clinical care provision ► Occupant safety/protection ► Public Safety

"Are our policies killing people?"

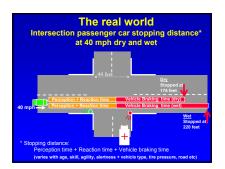
- 1991-2000, 302,969 Emergency vehicles were involved in MVCs - 1,565 involving fatalities
- In PA 1997-2001, ambulances were more likely than similar sized vehicles to be involved in*:

 - 4 way intersection crashes (43% vs 23%, p=0.001)
 Collisions at traffic signals (37% vs 18%, p=0.001)
 - MVCs with more people injured (76% vs 61%, p=0.001)

*Comparison of Crashes Involving Ambulances with those of similar sized vehicles – Adam Ray, Douglas Kupas, PEC Dec 2005;9:412-415

So.. The real world for an EMS vehicle approaching a red light

- ▶You think they heard you...
- ▶ You know they must have seen you..
- ► And maybe they did
- ▶ But..
- ► There is NO way humanly possible that they could stop.....



What do we know now??

- Intersection crashes are the most lethal
- There are documented hazards, some which can
- Occupant and equipment restraint with standard belts is effective. (Over the shoulder harnesses for patients should be used, with the gurney in the upright position where medically feasible)
- Some vehicle design features are beneficial automotive grade padding in head strike areas, seats that can slide toward the patient
- Electronic Driver monitoring/feedback systems appear to be highly effective
- Head protection??











Protective devices/concepts

In the event of a crash

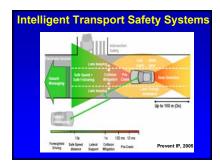
- Vehicle crashworthiness Seat/seat belt systems

- Equipment lock downs Padding Head protection

To prevent a crash

- Driver feedback
 Driver monitoring
 Driver training
 Vehicle technologies
- Tiered dispatch
 Appropriate policies







Guidelines – standards

- ► Transport safety
- ▶ Practice protocols
- ► Occupational Health and Safety

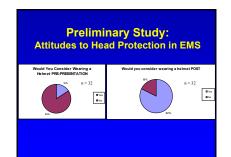
The 'workplace' IS a vehicle Providers often in vulnerable positions during transport. Bench seat Captains chair Standing or kneeling





Role of a head protective device

- A simple, immediate and inexpensive adjunct a protective device -
 - To protect occupants from hazardous interiors
 - As vehicle crashworthiness design advances
- As driver training advances
- For when equipment becomes unsecured
 As EMS Safety Standards are developed, for both EMS vehicles and EMS occupational safety





Real world

- ► We do know from large samples that the most common reason for medics to get up is to get to the radio
- We do know that CPR enroute to the hospital is a very rare event – too small in frequency to even evaluate using national data bases, and often with non survival out come when it does occur











Benefit of Safety

► Any cost of addressing these issues is dwarfed in contrast to the huge burden of not doing so - in financial costs let alone the personal, societal, ethical and litigation costs

Crash Prevention

- ► EVOC
- Tiered Dispatch
- The "Black Box"
 Intelligent vehicle design
- Appropriate policy



Purpose of 'Black box' **Program**

- ► Enhance Safety
- Improve Driver Performance
- Save Maintenance Dollars
- ► Aid Accident / Incident Investigation

Demonstrated Effectiveness

Other monitoring devices

- Primarily to record events during and immediately preceding a crash
- Give no driver crash prevention feedback
- Administratively burdensome
- Intrusive
- Not demonstrated to be as effective in improving vehicle maintenance costs or as effective in modifying driver behavior long term

Technical Research

- ▶ Based on reliable and real world field data
- Cost effective and practical
- Involve low cost development -University engineering and transportation research centers

TRANSPORTATION RESEARCH BOARD

Active Projects

(all due late 2006)

- Commercial Motor Vehicle Driver Training Curricula and Delivery Methods and Their Effectiveness Commercial Motor Vehicle Carrier Safety Management Certification
- The Role of Safety Culture in Preventing Commercial Vehicle Crashes
- venicie Crasnes
 The Impact of Behavior-Based Safety Techniques on
 Commercial Motor Vehicle Drivers
 Health and Weliness Programs for Commercial Motor
 Vehicle Drivers

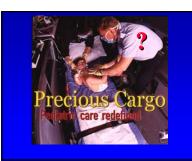
What needs to happen NOW

- **▶**Data
- Epidemiology
- Ergonomic
- ► Safety oversight









Kids are not little adults



- nication skills

- Size and shape
 - **Biomechanics**

in a collision at 35 mph (60 km/hr), an unrestrained 15 kg child is exposed to the same forces* as in falling from a 4th story window

*550 kg/force in 0.03 sec

Crash Occupant Protection

- collision speed
- direction of impact
- ▶ vehicle stiffness and mass
- ► compartment size & projectiles
- passive protection
- head protection
- occupant restraint/belts

USA EMS Risk/Hazards

- ▶ Predictable risks
- ► Serious occupational hazard
- ► Predictable fatal injuries

Challenges to Optimizing EMS Transport Safety

- ▶ Disparate and fragmented safety infrastructure
- Lack of a centralized EMS Safety oversight or data
- ► A large number of small groups of end users, with a mix of volunteers and professionals
- Ambulances are hybrid non-standard vehicles a truck chassis and an after market box or a modified van
- EMS vehicle safety is not integrated as a part of the automotive safety industry

Challenges to Optimizing EMS Transport Safety

- ▶ Rear compartment exempt from FMVSS
- Complex automotive safety area bridging acute clinical care, public health, public safety and automotive safety
- ▶ Very recent history as a research issue
- ► Limited fiscal support for cross disciplinary EMS transport safety research

Future

- ► Meaningful Goals
- New policies
- ► New practices
- ► New standards
- New vehicles
- ► New technologies

What to do about navy blue?





Australia & New Zealand Ambulance restraint standard AS/NZS 4535:1999

- "Restraint systems shall apply to all equipment and people carried in an ambulance..."
- ► Dynamic Testing 50th & 95th percentile manikins
- percentile manikins
 > 24G in Forward and Rearward
- ▶10G in Transverse

Common European Community (CEN) EN 1789:1999/A1:2003,

Date tions

European Committee for Standardization
Medical vehicles and their equipment - Road Ambulances

- "Without exception, all persons, medical devices, equipment, and objects normally carried on the road ambulance shall be maintained to prevent them from becoming a projectile when subject to a force..."
- > 50th percentile manikins 10 G in Forward, Rearward, Transverse, & Vertical directions
- ► Certified by Notified Body and Ambulance Mfg.

Commission on Accreditation of Medical Transport Systems - CAMTS Accreditation Standards

2006 revision underway



Commission on Accreditation of Ambulance Services - CAAS



USA ambulance purchase **specifications** GSA:KKK-A-1822E, 2002

- Static Pull test
- 2200 Lbs. (8G's) in Longitudinal and Lateral
- No dynamic test
- No definition to manikin mass
- No restraint for equipment
- Voluntary



What Z15 encompasses

- Safety Program
- Safety Policy
- Responsibilities and Accountabilities
- **Driver Recruitment, Selection and**
- Assessment
- **Organizational Safety Rules**
- **Orientation and Training**
- Reporting Rates and Major Incidents to Executives
- Oversight

Z15 Incident Rates

- ncident rate based on number of vehicles operated: Incident rate = <u>Number of incidents x 100</u>
- Injury incident rate based on vehicle mileage:

 Injury incident rate, the not frequently used indicator of incident sereinly, are useful for tracking even that have the potential or direct financial or operational performance of the operating unit, Injury incident rate = Number of incidents with injury x 1,000,000.

 Very high emitiages
- cident rates based on service activity.

 More verbic operations that pore play risks other than those associated with driving should also use the service of the service of
- Vehicle injury rates based on work hours: Vehicle incidents per 200,000 hours Number of incidents x 200,000 Number of hours worked

Safety Management

- ► A Safety Culture
- **Protective Policies**
- **Protective Devices**
- In the event of a crash
- To prevent a crash Continuous Education and Evaluation

Creating a Safety Culture

within a company must start with upper management's commitment to safety

- **▶** Awareness
- ► Training
- **▶**Incentive

Multidisciplinary collaboration and the way forward

- ► Development of interdisciplinary teams
 - healthcare professionals
 - safety engineering expertise
- regulatory bodies manufacturers
- ► Safer practices save lives, time and money

The Crash Event - Crash Testing

- ► An introduction
- ► What one needs to know
- What do the tests really mean
- ► And, what tests are meaningful

The right test for the desired outcome

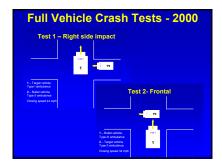
- Protecting the vehicle alone may not protect the occupants
- Crash tests using crash test pulses not specific to ambulance vehicles may give misleading results
- Crash tests of restraint or other equipment using crash dummies not designed for that purpose, may give misleading results, or worse - may suggest that a dangerous or unsafe device may be safe

Dynamic Safety Testing

- requires sophisticated, expensive equipment
- measurably demonstrates forces generated during collision
- accepted international standard for vehicle restraint systems

















New Australian vehicles

High speed crash, rolled and the occupants (patient and medics) had only minor scratches





So....

- ► Which vehicle do you want to be in ?
- Which vehicle is the best for efficient, and effective patient care?
- ► Which vehicle provides optimal risk management?
- ▶ What is the optimal fleet mix?

Safety Enhancements Being **Implemented**

- **EVOC**
- Tiered dispatch Monitoring & Feedback devices
- Helmets
- Optimized ambulance vehicle design
- New Standards

Some simple and available solutions out there now

- ▶ Intersection Policy
- ► PPE design and policy (personal protective equipment – from an 'All Hazards' approach - not just chem/biohazards)
- ▶ Black boxes

Current fleet

- Secure all equipment
- Secure occupants
- Don't drive through red lights
- Use properly implemented "Black Boxes"
- Monitor crash events with common denominators (ie. per 100,000 miles and
- Have a written and implemented 'safety program'

Current and Future Research

- Epidemiology
- Ergonomic hazards
- Bio/Chem/Radiation hazard
- PPE & Head protection
- Transport
 - Vehicle/Occupant automotive testing

 - Vehicle design innovation
 Driver behavior (Real time and Simulated)
- Intelligent Transportation Systems
- Operations tracking
- Data systems/reporting systems
- **Enhanced Practice policies**

Very Important Principles!

- A culture of safety
- **Drive cautiously**
- Wear your belts & restrain all occupants
- Secure all equipment
- 5. Integrate scientific data into your policies and procedures
 - Unrestrained occupants and equipment are a potential injury risk to all occupants

small changes can make a **BIG DIFFERENCE**

- PREPARE TEACH REACH RESPOND
 - Look at your own safety record
 - Teach safety and hazard awareness
 - Reach out with safety information to all your **EMS** providers
 - Respond with the best safety practices

Very Important Principle

Ambulance transport safety is part of a SYSTEM, the overall balance of risk involves the safety of all occupants and the public

PREDICTABLE PREVENTABLE and **NO ACCIDENT**

Conclusion

- Major advances in EMS safety research, infrastructure and practice over the past 5
- New technologies for vehicle design, occupant PPE and equipment restraint and driver performance are now available
- Development of substantive EMS safety standards is a necessity and a reality Enhanced cross disciplinary collaboration in development of safety initiatives now exist EMS is still way behind the state of the art in vehicle safety and occupant protection

And....

It is no longer acceptable for EMS to be functioning outside of automotive safety and PPE safety standards for prevention of and protection of EMS providers and the public from injury and death

