

Much of what you shall hear today is thanks to the work of all of those in the:



and the National Academies of Science, Medicine and Engineering **Transportation Research Board's** ANB10(5) EMS Safety Subcommittee

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#### What are we going to cover ??

- What we know now, and need to do
- What is there for the forward thinkers
- The future horizons

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#### **Today's Outline**

- New World Order
- Bio-Pandemias
- Military Civilian
- Cross skilling Industry and providers and citizens
- Smart technologies
- Innovation dimensions
- Novel power systems
- Cheaper Better Safer
- Open source

EMSSafety • Challenges

#### So what is safety?

condition of being protected against undergoing or causing harm, injury or loss

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#### And., what is innovation?

Something new, original and more effective

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#### **EMS Safety Innovation as per Chat GPT**

"EMS (Emergency Medical Services) safety innovation is an essential aspect of improving emergency response and patient care."



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#### Chat GPT's Top 10 EMS Safety **Innovation realms**

- 1. Telemedicine Integration:
- 2. Augmented Reality (AR) and Virtual Reality (VR):
- 3. Advanced Vehicle Safety Features:
- 4. Body-Worn Cameras:
- 5. Predictive Analytics:
- 6. Personal Protective Equipment (PPE) Innovation
- 7. Drone Technology:
- 8. High-fidelity simulation training:
- 9. Data Integration and Interoperability:
- 10. Mental Health Support Programs:



#### Safety of the...

- Provider
- Public
- Patient

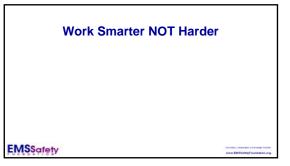
#### Safety is a tool to save

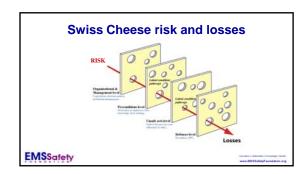
- Lives
- Time
- Money

must be evidenced based

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we EMILLARY modules.





#### Next is now!

- Smart Technologies
- Predictive analytics Al dispatch/Al Ultrasound
- Voice activated commands
- Advanced Smart phone technology
   XR Mixed reality
- Fleet mix
- Vertical take off vehicles
- Drones- manned and unmanned
- Propulsion technologies electric, hydrogen
- Covid PPE and innovation
- Connected health
- · Wireless patient monitoring
- Health Information Exchange (HIE) Applications

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#### The Future is NOW!

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New Study Updates NASA on Space-Based Solar Power

CATL launches new EV battery wit a 1 million mile, 15-year lifespan

Space based solar power, million mile battery,

hydrogen propulsion, eVTOL, XR, AI & robots

Executive Summary

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CATL launches new EV battery with close to a 1 million mile, 15-year iffespan

The base of the control of the c

CATL, Yutong launch new long-life EV battery
https://electrek.co/2024/04/03/catl-launches-new-ev-battery-last-1-million-miles-15-yrs/

## Hydrogen Powered Ambulance November 2023 Flying Vehicle Startup Funded for Air Ambulance; Hydrogen-Powered The relative shought to sell first many particular of managenty particular to the startup for the













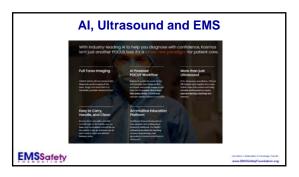
















Be ready to deploy new and effective tools for both training and operations

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#### **New Solutions**

- Training and education
- PPE innovation
- New Transport Vehicles manned and unmanned
- Operational tools
- Al Support tools and adjuncts
- New Tech Device Innovation
- Robotic Engineering Robo'dogs' & Humanoids
- Community Engagement
- Scope of practice
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#### **Leadership and Innovation**

"Being responsible sometimes means pissing people off... By procrastinating on the difficult choices, by trying not to get anyone mad, and by treating everyone equally "nicely" regardless of their contributions, you'll simply ensure that the only people you'll wind up angering are the most creative and productive people in the organization."

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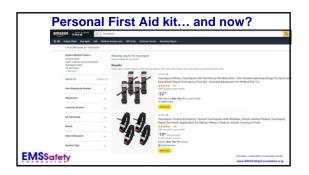
## Remembering an EMS Research Colleague Remembering E. Brooke Lerner, PhD, FAEM Patiened Onities 31, 2023 E. Brooke Lerner, PhD, FAEM, passed away Oct. 4 after a batter will parcentatio carect. Lerner was a proven in the field of profrostupt in potentic research, and server is no operough investigate for the Prichards (increpancy Care Applied Research NationAls (PCLAPI); If 2 indicated INDI Assessab Princingual Milk Passessh Note Clarifol (ILLast spring Lerner and down for an interview about the career, which you can read from before the collegate all sear first Tought up to the region. But the bapany of partecting the lines of our called the search Rull to bapany of partecting to the section of the career.

New World Order

When even Waze knows that driving home isn't a safe destination....







#### **Realms of EMS Safety**

- Patient
- Occupational safety
- Biohazard Safety
- Scene Safety
- Vehicle Safety
- Fleet Safety
- System Safety
- Regional safety

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#### An All Hazard Safety Approach

- Multidisciplinary Hazard Analysis
- Physical
- Biological
- Physiological
- Psychological
- EnvironmentalOperational
- Applied use of state of the art technology to address and neutralize or minimize hazards

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# Designing a safe system EMSSafety

## Safety in EMS is INTERDISCIPLINARY

clinical practice public health automotive safety new technologies impact biomechanics ballistics human factors fleet safety regional safety

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#### Chris Cebollero, 2020

- "Leadership is not about position, it's about professional development."
- Leadership as a verb, it's an action not a position and everyone will influence someone else... for the good or the bad.

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## As a leader – how do you create change

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#### The late Chief Alan Brunacini

"If you want to make changes in the workers' behavior, change the behavior of the boss."



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new Pattern County have

### How far upstream can we go for minimizing risk

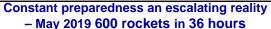
- The Boss
- The Manufacturers
- The State?
- ie In Israel 95% of rockets fired at civilians are deactivated by the <u>Iron Dome</u> -

if not for that technology the EMS and Emergency Health care system would frequently be rapidly overwhelmed

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# Rockets (R) are seen in the night sky fired towards Israel from Beit Lahia in the northern Gaza Strip on May 14, 2021, while Iron Dome interceptors rise to meet them. (Photo by ANAS BABA / AFP)





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#### Iron Dome - Effective technology to 24/7 minimize casualties and EMS burden September 12, 2021

Gaza Rocket Intercepted Over Southern Israel for Third Consecutive Night

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A nucleit fixed from the Gata Strip was intercepted funding over northern brand, the hundri military said in the third connecutive night of cosmo-bender fire. No consultive of classing-were reporter Treasion between larged and the Polentizians has riven over the

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October 7, 2023
"Operation Al-Aqsa Flood",
5,000 rockets from Gaza
into Israeli Civilian targets
in 20 minutes

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Davids Sling part of multi-tiered missile defense system, which also includes <u>Arrow 2</u>, <u>Arrow 3</u>, <u>Iron Dome</u>, and <u>Iron Beam</u>.



mail enter through home



## Layers of Protection of EMS System civilian utilization in War time

Primary prevention:

- I. Peace
- II. No hate indoctrination
- III. No terrorism

Secondary Prevention:

- IV. No rocket launchers
- V. Terrorist containment

Tertiary Prevention:

- VI. Air raid Sirens
- VII. Air raid shelters in every home and playground
- VIII. Iron Dome David Sling

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Partition for state of

### Cascade towards civilian EMS system being overwhelmed

- If Primary prevention I- III cant be achieved
- Then Secondary Prevention, IV- V is essential
- If Secondary prevention fails, then Tertiary Prevention VI- VIII is essential
- If then Tertiary Prevention fails then civilian EMS is potentially overwhelmed

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#### **Tertiary Prevention**

Iron Dome and David Sling

- Intercept 95% of civilian targeted rockets
- Very expensive and technology intense

Air raid Sirens

- Provide 15 seconds to 45 seconds warning to seek shelter Bomb Shelters and protected-safe rooms
- In many homes and parks but not all
- Protected rooms mainly for shrapnel, not effective like an underground fortified bomb shelter
- The elderly or disabled are unlikely to reach a safe area in time

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# Zibar Tactical Military Ambulance Zibar Vehicle All-Terrain Tactical Utility Vehicle

#### How do you frame safety?

To quote Chief Justin Reed

- "if there is a failure in a system that you design, then it IS <u>leaderships fault</u>"
- "How did someone fail in a system <u>YOU</u> designed?"

This changes the way you frame a problem – and enhances the process to build a solution

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## How does design happen in EMS Tradition Experience Vision Interdisciplinary

#### EMS Safety's frontier -

 the interface of disruptive new tech and operational practice at all levels of the EMS system and across disciplines

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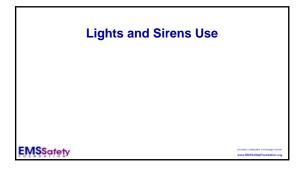
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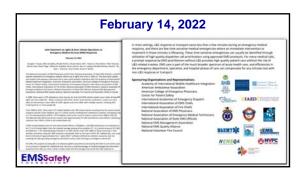
#### Adoption – 30 years ??

- Commonsense
- Politics
- 1991: Bill Leonard "EMS Systems Failure"
- 2002: As Jeff Clawson puts it in his passionately-written article against L&S use: "The
  concept of reducing lights and siren use is just slightly more popular in our nation's fire and
  ambulance services than gun control is with the National Rifle Association".
- Science
  - 1994: Doug Kupas -
  - 2013: Brett Richard Murray "EMS Medical Directors, company administrators, chiefs, and providers across the country need to take a hard look at the evidence against L&S use, and come to the realization that it is a practice rooted not in science, but tradition
- 2017: Doug Kupas Lights and Siren Use by Emergency Medical Services (EMS): Above All Do No Harm
- Policy
  - February 2022: Joint Statement on Lights & Siren Vehicle Operations on Emergency Medical Services (EMS) Responses

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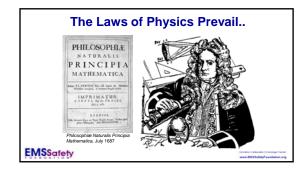
















## If you were to survey for what would enhance safety and efficiency then....

- Likely "more rest stations"
- Not likely "the combustion engine"
- Let alone the Hydrogen powered eVTOL

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to quote David Daniels, 2022

"it's easier to remember than it is to imagine"

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#### **EMS Safety timeline**

- Didn't know it was an issue 60's-70's
- Knew it was an issue 80's-90's, but didn't really know what to do
- Safety technical data rolls out from 2000 but....
- Change and adoption challenges we are here now

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#### To Do...

- The right thing:
- -At the right place
- -At the right time
- -For the right person
- -How best to achieve that goal now and for the future??

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#### **System Design Constraints**

- Do the clinical work that is required and essential
- Not get hurt or killed
- Not hurt or kill anyone else
   So...
- Clinical need
- Human tolerance of injury

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#### **Todays Challenges**

- Doing what we already know works!!
- Adopting new technologies and practices that augment EMS performance and safety
- Embracing decentralization of health care
- Doing more with less money and workforce
- Cross skilling EMS, industry and the community
- Systems thinking and practice

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#### Innovation!!

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### Joe Bourgraf, President, Ferno Group

"To create an innovative and model EMS system..., we must engage in a collaborative and cross-functional conversation among the many contributing partners in the EMS industry. EMS suppliers should embrace and drive new innovation.. to improve the process and efficiency of delivering service, while advancing the level and outcome of emergency care"

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#### From low tech to high tech

- System of Safety
- Think of the overall impact
- Small low cost changes in practice
- Policies that augment safety
- Innovation in design from micro to macro
- Preparedness and Training

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2000- 2025: a 25 year window Predicting EMS Safety innovation

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## Sept 11, 2001.... 23 years on



#### From 2001 Toptec - Needs

- Need for morbidity and mortality surveillance system
- National and International collaboration is key
- Current funding base is rate limiting to progress
- A defined pathway for translation of problem identification to resolution and policy implementation
- Need for appropriate overseeing infrastructure with development of safety performance standards

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#### From 2001 Toptec - Needs

- Focus on safety of ALL aspects of the ambulance environment
- Real dangers exist in some current practices
- Safer patient transport practices exist & should be used
- Importance of dynamic vs static safety testing
- · Collaborative, interdisciplinary approach (bridging all involved disciplines) for design initiatives & setting of transport safety standards is essential

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#### The 2012 TRB EMS Safety Summit

- 1: Intro & Data and Recent Initiatives
- 2: Transport, Human Factors Bridging Diverse Disciplines
- 3: Testing and Standards
- 4: New systems safety technology solutions & telematics
- 5: Fleet management strategies
- 6: Innovative Vehicle Design
- 7: Operationalizing Safety
- 8: Panel: How to optimize the safety of your existing fleet
  - Wrap up from Prof. Art Cooper

#### Safety Dimensions we know

- Safe systems CRM / transport system safety
- Risk perception
- Fleet and operations management
- Vehicle design safety
- Scene safety
- Patient Handling: physical & biological hazards
- Health and wellness
- Hours of service

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So...., 2024 to 2050?

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#### EMS Agenda 2050

- Adaptable and Innovative
- Inherently Safe and Effective
- Sustainable and Efficient
- Integrated and Seamless
- Socially Equitable

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Reliable and Prepared



**New Tools, New Technologies,** New Vehicles, New systems, **New industry relationships** 

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#### Now we have many new technologies

- Fleet management tools
- Diverse vehicle types and design: including Drones and eVTOL manned and unmanned
- Robotic tools
- Al augmented Dispatch
- Al Ultrasound
- XR AR, VR
- · Connected Digital Health
- The Cloud
- The Crowd

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..... that we need to harness

Be ready to deploy new and effective tools for both training and operations

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## Goals Better, safer and cheaper EMSSafety

#### **Risk Perception**

#### **Communicating Risk**

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#### **Safety Data**

- A medics career lasts as long as his back does
- An ambulance crash is the most likely cause of EMS occupational fatality (asides from 2020-2021, when Covid took over)
- Violence and PTSD are an increasing EMS burden

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#### **Very Important Principle**

Ambulance transport safety is part of a SYSTEM, the overall balance of risk involves the safety of all occupants and the public

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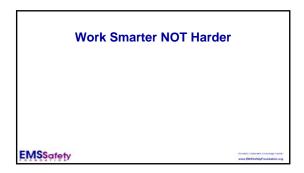
#### Systems safety of:

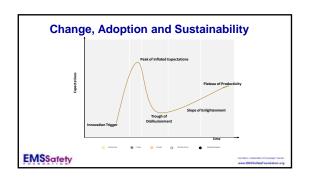
- Dispatching a vehicle
- Getting you, your patient and equipment to, in and out of the vehicle
- Scene safety
- Providing patient care inside the vehicle
- Occupant protection in crash and near miss situations
- Biological and chemical hazards
- Personal and psychological safety
- Public safety

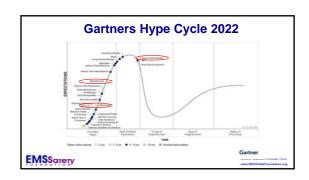
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#### Real world answers to real world questions -

- · What policies offer the safest system?
- How do I get my team to address safety issues?
- What features will enhance safety of new vehicle purchase?
- What is the optimal loading height to protect my back?
- What color scheme do I want on vehicles and clothing to make it safest?
- Why don't all stretchers have lights?
- Do we need helmets, and if so which one?
- What data should I collect when something goes wrong, and how to analyze it?

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- What we need to consider, where is the 'bang for buck' in EMS safety
- Where is the low hanging fruit?

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We know a lot right now about how to optimize safety and minimize risk

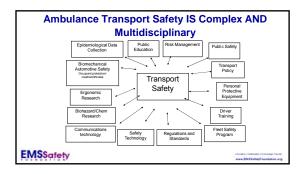
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#### Safety Dimensions we know

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- Scene safety
- Patient Handling: physical & biological hazards
- Health and wellness
- Hours of service

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#### Transport safety -

- What do we know works...

  Safety awareness
- Cultural change and safety leadership
- Vehicle Operations Safety Policies (ie Z 15)
- Technical science based vehicle interior design
- Securing equipment
- Patient over the shoulder belts
- Forward and rear facing seating
- Lap seat belts, if you have a squad bench
- Fleet management tools with electronic feedback

Some electronic technical devices



#### **Safety Road Map**

- Not just a conceptual model
- Must have tangible steps
- Must be systems focused
- Measurable elements
- Immediate, short, medium and long term goals
- Reward and recognition driven

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#### Innovation Yes Now...



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#### Next is now!

- Smart Technologies
- Predictive analytics Al dispatch/Al Ultrasound
- Voice activated commands
- Advanced Smart phone technology
- XR Mixed reality
- Fleet mix
- Vertical take off vehicles
- Drones- manned and unmanned
- Propulsion technologies electric, hydrogen Covid PPE and innovation
- Connected health
- Wireless patient monitoring
- Health Information Exchange (HIE) Applications

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#### **2024 Disruptive Innovation**

- eVTOL Drones manned and unmanned
- New propulsion technologies
- Optimized ground vehicle designs
- New tech innovation
- Al in multiple domains
- Scope of practice expansion
- Dispatch innovation

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#### **New Safety Solutions**

- Training and education
- Operational tools
- New Transport Vehicles
- PPE innovation
- Al Support tools and adjuncts
- Community Engagement
- Scope of practice

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#### Goals

- Standards for safety
- Policy based on Science
- Databases to demonstrate outcome

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- Innovation
- Collaboration
- Knowledge transfer

#### All hazards Types of EMS Injury Risks Physical

- - Ergonomic/Mechanical/Falls/Crash-impact/Violence
- Biological - Biohazards
- Physiological
- Psychological
- Stress/Sleep deprivation/PTSD
- Environmental
  - -Thermal (Heat/Cold)/Chemical/Radiation
- Operational

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#### **Physical Risks and Hazards**

- Ergonomic
- Crash-impact
- Falls
- Mechanical
- Violence

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#### And what is the loading height of your ambulance??

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#### **Challenging design related Human** Factors

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## Interior design exposes EMS to unnecessary biological, automotive and ergonomic hazards **EMS**Safety

#### Stretchers -

**Independent leg stretchers** 

Clever and cost effective

















Ambulance Safety Innovation

Design Module 1.0

www.INDEMO.info

the future concepts you can have right now!!!

So

you can reach your patient and your
equipment!!

Better, safer and cheaper

INDEMO 1.0

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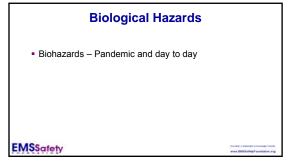
























### EMS Patient Isolation Design requirement/constraints

- Easy to get the patient in and out
- Contain aerosol pathogens
- Tolerable for the patient
- Cleanable or disposable
- Cost effective
- Time effective
- Does the WHOLE patient need to be contained???

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#### **Whole Vehicle Air Filtration Systems**

- Is this a realistic tool in the time and physical constraints of an EMS system
- ? Practical
- ? Effective
- ? Cost effective
- ? System of solutions

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#### **Physiological Risks and Hazards**

- Exertion
- -Optimize physical fitness
- Are now wearable provider monitors to assess physical stress
- Adjuncts and special tools but are they effective

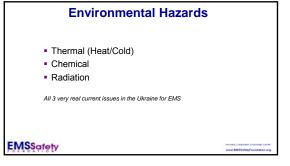
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## Psychological Risks and Hazards Stress Preventive interventions and skills Sleep deprivation Optimize scheduling styles Follow existing recommendations PTSD Pre-emptive intervention Early identification Early intervention





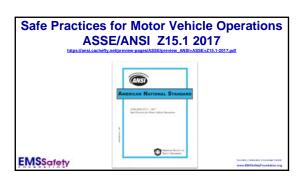
### Spectrum of dimensions

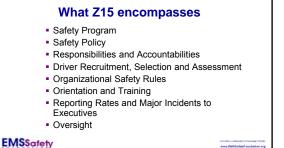
- Vehicle design innovation
- Innovative CAD

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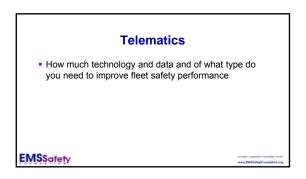
- Resource allocation
- Fleet performance –
- Monitoring: System that gives management data of vehicle efficiency, safety and use
- Feedback: Directly to drivers at the wheel
- Public Alerts (interactive technologies)

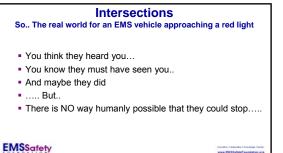


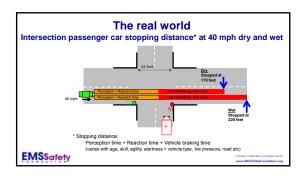






















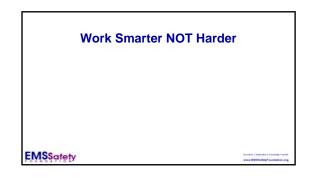






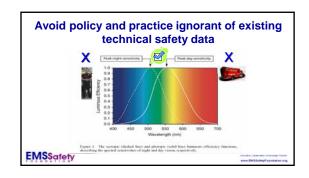








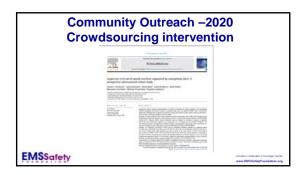


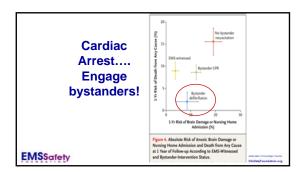






































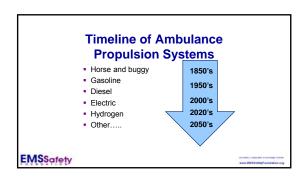
Virtual Reality
A new design tool too

Exploring the inside
of a virtual
ambulance

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Propulsion systems in EMS and Innovation











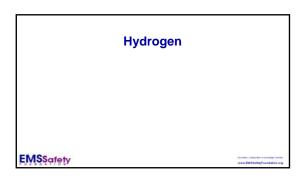






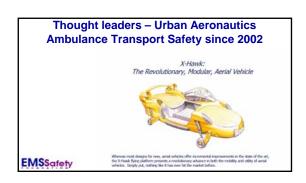


















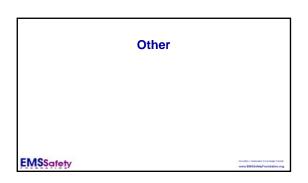


















#### **Very Important Principle**

Ambulance transport safety is part of a SYSTEM, the overall balance of risk involves the safety of all occupants and the public

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#### **Todays Challenges**

- Adopting new technologies and practices that augment EMS performance and safety
- Embracing decentralization of health care
- Doing more with less money and workforce
- Cross skilling EMS, industry and the community
- Systems thinking and practice

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#### **EMS Systems Safety**

- All Hazards Approach
- Technical Collaboration is key
- We cannot afford to play the silo game here, it is costing lives, time and money
- We MUST have a meaningful evidenced based approach to design, operations and policy
- We must be true outcomes driven

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Total Andrew Commission

#### Conclusion

- Future is now!
- All Hazards Approach is Key
- Safety must be inherent to operational process, design and practice
- Adoption challenges of new disruptive technologies and applied innovation exist
- Cross skilling industry, providers and community
- Interplay between patient, provider and public safety from a systems perspective is key to effective and safe operational EMS performance

**EMS**Safety

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